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November 19, 2020

Dear Parent/Guardian:

We hope this letter finds you and your family well. As you already know, Covid-19 cases have been on the rise in our community. Just a few reminders and things to keep in mind as you celebrate the season with your loved ones.

1. Continue to monitor your family daily for Covid like symptoms.
2. Remain at home if anyone is exhibiting any of the symptoms below.
3. Contact your healthcare provider for guidance if you or a family member are ill.
4. Continue to practice social distancing and wearing a facemask when around others.
5. Practice frequent handwashing and avoid touching your face.

<b>Group A One (1) or More Symptoms</b>	<b>Group B Two (2) or More Symptoms</b>
<ul style="list-style-type: none"> <li>• Fever of 100.4 or Higher</li> <li>• Cough</li> <li>• Shortness of Breath</li> <li>• Difficulty Breathing</li> <li>• New Olfactory Disorder – A loss in the ability to smell or a change in the way odors are perceived.</li> <li>• New Taste Disorder – A loss in the ability to taste or a distorted perception of flavor.</li> </ul>	<ul style="list-style-type: none"> <li>• Sore Throat</li> <li>• Runny Nose/Congestion</li> <li>• Chills</li> <li>• Myalgia - Muscle Aches or Pain</li> <li>• Nausea or Vomiting</li> <li>• Headache</li> <li>• Diarrhea</li> <li>• Fatigue</li> <li>• Rigors – Sudden chills or shivering accompanied by a rise in temperature often with sweating.</li> </ul>

Keep student home if your child has one or more symptoms in Group A, has two or more symptoms in Group B or your child is taking fever reducing medication to reduce a fever such as Ibuprofen (i.e. Advil, Motrin) or Acetaminophen (Tylenol).

Please note: Based on the recommendation of our school physician, any student having a fever of 100.4 or higher is NOT PERMITTED to attend school until fever free without medication for 24 hours.

As you are planning to return your child to school, please continue to be diligent with monitoring symptoms in order to keep the school environment safe and healthy. If you received a pink Covid-19 Return to School Form, please be sure to complete the form and have your child return it to the nurse on his/her first day back to school.

If needed, please feel free to contact your child's school nurse via email or voicemail over the Thanksgiving break. Thank you for your diligence in monitoring your family members.

We wish you a very happy and healthy holiday season.

The Hermitage School District