

Hermitage School District COVID-19 Quarantine Guidelines for Close Contact to a Positive Case

Dear Parent/Guardian,

Your child has been exposed to a positive case of Covid-19.

Quarantine Options: The PA Department of Health recommends, but is no longer **requiring** quarantines for close contacts. As a parent of a close contact, you have the ability to select one of the following options in the context of your child's educational and medical needs.

Option 1: 10-Day Quarantine

Option 2: 5- Day Quarantine

The student can return to school on Day 6 if they are symptom free. A negative test is preferred, but not required due to limited availability.

Option 3: "Parent Choice" - The parent/guardian may choose to have their child remain in school, unless symptoms develop or a positive test occurs.

Option 3 Requirements: In the interest of protecting the health of other students and our community, we are requesting your full cooperation with these measures. Failure to comply with parent choice requirements will result in students being asked to stay home and quarantine until the end of quarantine time.

1. Please use the Covid-19 Symptom Screening Tool below to monitor your child's health each morning prior to school and evening. If your child is experiencing any of the symptoms please keep your child home. It is also recommended that you contact your physician.
2. It is recommended, but not required, for a close contact to a positive Covid-19 individual to wear a mask during the ten days following their close contact date.
3. It is recommended, but not required, for a close contact to a positive Covid-19 individual to be brought to and from school by a parent /guardian during the ten days following their close contact date.

*** Important: Please communicate which Quarantine Option you are selecting by calling or emailing your school nurse so that your child's attendance will be recorded correctly.**

Note: Your child may attend school as long as they are **NOT** experiencing **ANY** of the symptoms listed below.

COVID-19 Symptom Chart	
<ul style="list-style-type: none">• Fever (100.4 or Higher)• Cough• Shortness of Breath• Difficulty Breathing• New Olfactory Disorder: A Loss in the Ability to Smell or a Change in the Way Odors are Perceived• New Taste Disorder: A Loss in the Ability to Taste or a Distorted Perception of a Flavor• Congestion or Runny Nose	<ul style="list-style-type: none">• Chills• Rigors: Sudden Chills or Shivering Accompanied by a Rise in Temperature, often with Sweating• Myalgia: Muscle Aches or Pain• Headache• Sore Throat• Nausea or Vomiting• Diarrhea• Fatigue

Please call the nurse at any time during the quarantine period either for questions, concerns, or to update us on how your family is doing.