

Hermitage School District COVID-19 Quarantine Guidelines for Testing Positive

If You Test Positive for COVID-19 (Isolate)

Everyone, regardless of vaccination status.

- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can return to school.
- Continue to wear a mask around others for 5 additional days.
- If you have a fever, continue to stay home until your fever resolves.

Note: Your child may attend school after 5 days of quarantining as long as they are **NOT** experiencing **ANY** of the symptoms below.

COVID-19 Symptom Chart	
<ul style="list-style-type: none">• Fever (100.4 or Higher)• Cough• Shortness of Breath• Difficulty Breathing• New Olfactory Disorder: A Loss in the Ability to Smell or a Change in the Way Odors are Perceived• New Taste Disorder: A Loss in the Ability to Taste or a Distorted Perception of a Flavor• Congestion or Runny Nose	<ul style="list-style-type: none">• Chills• Rigors: Sudden Chills or Shivering Accompanied by a Rise in Temperature, often with Sweating• Myalgia: Muscle Aches or Pain• Headache• Sore Throat• Nausea or Vomiting• Diarrhea• Fatigue

Please call the nurse at any time during the quarantine period either for questions, concerns, or to update us on how your family is doing.