




DMS & IES LUNCH MENU
\$2.25 Reduced-\$0.40

September 2017

Lunch Prices-

	OFFERED EVERYDAY	OFFERED EVERYDAY	OFFERED EVERYDAY	OFFERED EVERYDAY
Below items are offered daily as alternates to the menu item of the day				
<p>Please keep your students account in good standing: Visit MySchoolBucks.com to see balance and make payments.</p> 	<p>Hamburger or Cheeseburger Chicken Patty or Spicy Chicken Patty Includes Sides & Milk</p>	<p>Chef Salads made daily to include: Turkey or Ham, Cheese, Dinner Roll and Choice of Dressing</p>	<p>Deli Sandwich to include: Turkey, Ham, or Bologna. Includes Sides & Milk Sunbutter Sandwich available upon request</p>	<p>Hot Vegetable of the Day, Fresh Fruits & Chilled Fruits Variety of Milks: 1% White, FF Chocolate, & FF Strawberry</p>
Monday	Tuesday	Wednesday	Thursday	Friday
		<p>All Whole Fresh Apples served in Hermitage School District are brought in from Apple Castle Farm</p> 		<p>1 Fiestada Pizza Broccoli Frozen Fruit Juice Milk</p>
<p>4 Chicken Tender Wrap Cooked Carrots Fruit Milk</p>	<p>5 Pierogies Corn Fruit Milk</p>	<p>6 Pasta w/ Meatballs Tossed Romaine Salad Garlic Breadstick Fruit Milk</p>	<p>7 Chicken Parmesan Sandwich French Fries Fruit Milk</p>	<p>8 School Made Pizza Green Beans Fruit Milk Pudding Cup</p>
<p>11 Chicken Nuggets Dinner Roll Broccoli Fruit Milk</p>	<p>12 French Toast Sticks Sausage Patty Celery Fruit Milk</p>	<p>13 Nacho Supreme Refried Beans Fruit Milk</p>	<p>14 Turkey & Gravy Mashed Potato & Gravy Corn Fruit Milk</p>	<p>15 Papa John's Pizza Sweet Potato Fries Frozen Fruit Juice Milk</p>
<p>18 Chicken Tenders Pretzel Rod Cooked Carrots Fruit Milk</p>	<p>19 Hamburger/Cheeseburger French Fries Fruit Milk</p>	<p>20 Calzone Tossed Romaine Salad Fruit Milk</p>	<p>21 Chicken Fajita w/ Peppers & Onions Black Beans Fruit Milk</p>	<p>22 Kasa Pizza Greens Beans Fruit Milk Pudding Cup</p>
<p>25 Chicken Nuggets Dinner Roll French Fries Fruit Milk</p>	<p>26 Lasagna Tossed Iceberg Salad Garlic Breadstick Fruit Milk</p>	<p>27 Soft Taco Black Beans Fruit Milk</p>	<p>28 General Tso's Chicken Rice Broccoli Fruit Milk</p>	<p>29 Stuffed Crust Pizza Fresh Carrots Frozen Fruit Juice Milk</p>



FREE AND REDUCED MEAL APPLICATIONS: Households may apply online at www.paschoolmeals.com or by using the paper application which is available in the main office.



Eat a Healthy Breakfast Everyday!!!

Alternate Daily Breakfast Choice: Assorted Cereal with Belly Bear Crackers.

All Breakfast Time Meals Must Include: Choice of Fresh Fruit, Canned Fruit or Juice & Choice of Milk

Monday	Tuesday	Wednesday	Thursday	Friday
		Please keep your students account in good standing: Visit MySchoolBucks.com to see balance and make payments.		1 Mini Donuts Choice of Fruit or Juice Milk
4 PopTart Choice of Fruit or Juice Milk	5 French Toast Sticks Choice of Fruit or Juice Milk	6 Breakfast Pizza Choice of Fruit or Juice Milk	7 Sausage & Cheese Croissant Choice of Fruit or Juice Milk	8 Cereal Bar w/ Crackers Choice of Fruit or Juice Milk
11 Mini Pancakes Choice of Fruit or Juice Milk	12 Assorted Muffins Choice of Fruit or Juice Milk	13 Funnel Cake Choice of Fruit or Juice Milk	14 Yogurt and Granola Choice of Fruit or Juice Milk	15 Cinnamon Bun Choice of Fruit or Juice Milk
18 Mini Cinnis Choice of Fruit or Juice Milk	19 Pancake Wrapped Sausage Choice of Fruit or Juice Milk	20 Breakfast Pizza Choice of Fruit or Juice Milk	21 Sausage & Cheese Croissant Choice of Fruit or Juice Milk	22 Super Donut Choice of Fruit or Juice Milk
25 Fruit Frudels Choice of Fruit or Juice Milk	26 Assorted Breakfast Breads Choice of Fruit or Juice Milk	27 Cheddar Cheese Omelet Choice of Fruit or Juice Milk	28 Nutri Grain Bar w/ Crackers Choice of Fruit or Juice Milk	29 Mini Donuts Choice of Fruit or Juice Milk

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