


DMS & IES LUNCH MENU  
Reduced-\$0.40

January 2019

Lunch Prices-\$2.25

	OFFERED EVERYDAY	OFFERED EVERYDAY	OFFERED EVERYDAY	OFFERED EVERYDAY
<b>Below items are offered daily as alternates to the menu item of the day</b>				
<p>Please keep your students account in good standing: Visit <a href="http://MySchoolBucks.com">MySchoolBucks.com</a> to see balance and make payments.</p> 	<p>Hamburger or Cheeseburger Chicken Patty or Spicy Chicken Patty Includes Sides &amp; Milk</p>	<p>Chef Salads made daily to include: Turkey or Ham, Cheese, Dinner Roll and Choice of Dressing</p>	<p>Deli Sandwich to include: Turkey, Ham, or Bologna. Includes Sides &amp; Milk Sunbutter Sandwich available upon request</p>	<p>Hot Vegetable of the Day, Fresh Fruits &amp; Chilled Fruits Variety of Milks: 1% White, FF Chocolate, &amp; FF Strawberry</p>
Monday	Tuesday	Wednesday	Thursday	Friday
	1  <b>No School</b>	2  <b>No School</b>	3  <b>No School</b>	4  <b>No School</b>
7 Chicken Tender Wrap Carrots Fruit Milk	8 Hamburger/ Cheeseburger French Fries Fruit Milk	9 French Toast Sticks Sausage Patty Celery Sticks Fruit & Milk	10 Burrito Rice Black Beans Fruit & Milk	11 Stuffed Crust Tossed Iceberg Salad Fruit Milk
14 Rib B Que French Fries Fruit Milk	15 Chicken Patty Sandwich Carrots Fruit Milk	16 Nacho Supreme Refried Beans Fruit Milk	17 General Tso's Chicken Rice Broccoli Fruit Milk	18 Papa John's Pizza Tossed Iceberg Salad Fruit Milk
21  <b>No School</b>	22 Chicken Nuggets Carrots Pretzel Rod Fruit Milk	23 Pasta w/ Meatballs Tossed Romaine Salad Garlic Breadstick Fruit Milk	24 Turkey & Gravy Mashed Potato & Corn Dinner Roll Fruit Milk	25 Fiestada Pizza Black Beans Fruit Milk
28 Chicken Tenders Dinner Roll Carrots Fruit Milk	29 Tomato Soup Grilled Cheese Celery Fruit Milk	30 Lasagna Tossed Romaine Salad Garlic Breadstick Fruit Milk	31 Popcorn Chicken Bowl Mashed Potatoes & Gravy Corn Fruit Milk	

*FREE AND REDUCED MEAL APPLICATIONS: Households may apply online at [www.paschoolmeals.com](http://www.paschoolmeals.com) or by using the paper application which is available in the main office.*



## Eat a Healthy Breakfast Everyday!!!

Alternate Daily Breakfast Choice: Assorted Cereal with Belly Bear Crackers.				
All Breakfast Time Meals Must Include: Choice of Fresh Fruit, Canned Fruit or Juice & Choice of Milk				
Monday	Tuesday	Wednesday	Thursday	Friday
	1  <b>No School</b>	2  <b>No School</b>	3  <b>No School</b>	4  <b>No School</b>
7 Mini Pancakes Choice of Fruit or Juice Milk	8 Assorted Muffins Choice of Fruit or Juice Milk	9 Funnel Cake Choice of Fruit or Juice Milk	10 Yogurt & Granola Choice of Fruit or Juice Milk	11 Cinnamon Bun Choice of Fruit or Juice Milk
14 Mini Cinnis Choice of Fruit or Juice Milk	15 Pancake Wrapped Sausage Choice of Fruit or Juice Milk	16 Breakfast Pizza Choice of Fruit or Juice Milk	17 Sausage & Cheese Croissant Choice of Fruit or Juice Milk	18 Super Donut Choice of Fruit or Juice Milk
21  <b>No School</b>	22 Assorted Breakfast Breads Choice of Fruit or Juice Milk	23 Cheddar Cheese Omelet Choice of Fruit or Juice Milk	24 NutriGrain Bar w/ Crackers Choice of Fruit or Juice Milk	25 Mini Donuts Choice of Fruit or Juice Milk
28 PopTart Choice of Fruit or Juice Milk	29 French Toast Sticks Choice of Fruit or Juice Milk	30 Breakfast Pizza Choice of Fruit or Juice Milk	31 Sausage & Cheese Croissant Choice of Fruit or Juice Milk	

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